

Pursuit Competition

Category	Required Distance (km)	Number of loops	Suggested loops	1 st loops (km)	2nd loops (km)	3rd loop (km)	4th loop (km)	5th loop (km)	Total Suggested Distance
Men	12.5	5	(Or,Or)+(Or,Or)+(Or,Or)+Or+Or	3	3	3	1.5	1.5	12
Women	10	5	(Or,Or)+(Or,Or)+Or+Or+B	3	3	1.5	1.5	1	10
Junior Men	12.5	5	(Or,Or)+(Or,Or)+(Or,Or)+Or+Or	3	3	3	1.5	1.5	12
Junior Women	10	5	(Or,Or)+(Or,Or)+Or+Or+B	3	3	1.5	1.5	1	10
Sport Men	7.5	5	Or,Or,Or,Or,Or	1.5	1.5	1.5	1.5	1.5	7.5
Sport Women	7.5	5	Or,Or,Or,Or,Or	1.5	1.5	1.5	1.5	1.5	7.5
Youth Men	10	5	(Or,Or)+(Or,Or)+Or+Or+B	3	3	1.5	1.5	1	10
Youth Women	7.5	5	Or,Or,Or,Or,Or	1.5	1.5	1.5	1.5	1.5	7.5
Mas 50+ M	7.5	5	Or,Or,Or,Or,Or	1.5	1.5	1.5	1.5	1.5	7.5
Mas 50+ W	7.5	5	Or,Or,Or,Or,Or	1.5	1.5	1.5	1.5	1.5	7.5
Mas 35+ M	7.5	5	Or,Or,Or,Or,Or	1.5	1.5	1.5	1.5	1.5	7.5
Mas 35+ W	7.5	5	Or,Or,Or,Or,Or	1.5	1.5	1.5	1.5	1.5	7.5
Senior B	7.5	5	Or,Or,Or,Or,Or	1.5	1.5	1.5	1.5	1.5	7.5

Senior G	7.5	5	Or,Or,Or,Or,Or	1.5	1.5	1.5	1.5	1.5	7.5
Jun B	6	4	Or,Or,Or,Or	1.5	1.5	1.5	1.5		6
Jun G	6	4	Or,Or,Or,Or	1.5	1.5	1.5	1.5		6