

Sprint Competition

Category	Required Distance (km)	Number of loops	Loop Colors	1 st loops (km)	2nd loops (km)	3rd loops (km)	Total Distance
Men Sprint	10	3	(Or,Or)+(Or,Or)+(Or,Or)	3	3	3	9
Women Sprint	7.5	3	(Or,Or)+(Or,Or)+Or	3	3	1.5	7.5
Junior Men	10	3	(Or,Or)+(Or,Or)+(Or,Or)	3	3	3	9
Junior Women	7.5	3	(Or,Or)+(Or,Or)+Or	3	3	1.5	7.5
Sport Men	6	3	(Or,Or)+Or+Or	3	1.5	1.5	6
Sport Women	6	3	(Or,Or)+Or+Or	3	1.5	1.5	6
Youth Men	7.5	3	(Or,Or)+(Or,Or)+Or	3	3	1.5	7.5
Youth Women	6	3	(Or,Or)+Or+Or	3	1.5	1.5	6
Mas 50+ M	6	3	(Or,Or)+Or+Or	3	1.5	1.5	6
Mas 50+ W	6	3	(Or,Or)+Or+Or	3	1.5	1.5	6
Mas 35+ M	6	3	(Or,Or)+Or+Or	3	1.5	1.5	6
Mas 35+ W	6	3	(Or,Or)+Or+Or	3	1.5	1.5	6
Senior B	6	3	(Or,Or)+Or+Or	3	1.5	1.5	6
Senior G	6	3	(Or,Or)+Or+Or	3	1.5	1.5	6
Jun B	4.5	3	Or+Or+Or	1.5	1.5	1.5	4.5
Jun G	4.5	3	Or+Or+Or	1.5	1.5	1.5	4.5